

1st St Benedict's Annual Planner

Key

Pack Meetings
Cub Outings
Scouter Events
Scouter Training Closing Dates
Scouter Training Dates
Holidays

Date	Activities	
10-Jan-17	District Scouters Council	1st Hellenic
20-Jan-17	Link Camp (For cubs going to scouts)	Bedfordview
28-Jan-17	IAL closing date	Lynn
27-Jan-17		Cubs Re-opens for 2016
04-Feb-17	PS Forum	Sahetti (13:00)
03-Feb-17		
11-12 Feb 2017	IAL Course	Gilwell (R280pp)
11-Feb-17	CW Closing Date	
11-Feb-17	Water Awareness Closing Date	
10-Feb-17		
14-Feb-17	District Scouters Council	1 st Hellenic
17-Feb-17		
17-Feb-17	District Gala	Sacred Heart? (Entry Tin Food
19-Feb-17	BP Sunday	Harmelia
25-26 Feb 2017	CW Coarse	Gilwell (R680pp)
25-26 Feb 2017	Flat Water canoe charge	TBA (R330pp)
24-26 Feb 2017	Link Camp (For cubs going to scouts)	Blue Forest
25-Feb-17	Water Awareness	TBA (R220pp)
03-Mar-17		
11-Mar-17	Cub Cooking Comp	Jan Smuts High School (13h00)
11-12 Mar 2017	CW Course	Gilwell (R680pp)
14-Mar-17	District Scouters Council	1st Hellenic
10-Mar-17		
11-Mar-17	St Benedict's Open Day	
17-Mar-17		
18-Mar-16	Gold Wolf Hike	TBA (8h00)
21-Mar-16	Human Rights Day	
24-Mar-17		
25-Mar-16	Dunvegan School Fun Day	TBA (Showcase Cubs)
31-Mar-17		
07-Apr-17		
11-Apr-17	District Scouters Council	1st Hellenic
14-Apr-17	Good Friday	
16-Apr-17	Easter Sunday	
27-Apr-17	Freedom Day	
01-May-17	Workers Day	
05-May-17		Cubs re-opens for Term 2
6-7 May 2017	District Cub Camp	Sahetti / Parnassus
12-May-17		
13-May-17	Kontiki Beaver Challenge	National
14-May-16		
19-May-17		
20-21 May 2017	Cub Hand craft Course	

20-21 May 2017	First Aid Level 3	
26-May-17		
26-28 May 2017	PAC YAC	
27-May-17	Mapping	
02-Jun-17		
03-Jun-17	Cub Cycle Rally	TBC
09-Jun-17		
10-11 Jun 2016	Adult Leadership Training	
	District Scouters Council	1st Hellenic
16-Jun-17	Youth Day	
07-Jul-17		
23-Jun-17	Mid Term Break	
24-25 Jun 2017	Jungle Book Background course	
30-Jun-17	Mid Term Break	
12-Jul-16	District Scouters Council	1st Hellenic
14-Jul-17		
16-Jul-17		
18-Jul-17	Mandela Day	
21-Jul-17		
22-23 Jul 2017	Cub Warrant Course (½)	
28-Jul-17		
5-6 Aug 2017	Cub Warrant course (2/2)	
09-Aug-16	Women's Day	
19-Aug-17	Water Awareness course	
2-3 Sep 2017	Gilwell Reunion	
08-Sep-17		Cubs Re-opens for Term 3
12-Sep-17	District Scouters Council	1st Hellenic
15-Sep-17		
16-Sep-17	Cub Adventure Day	
22-Sep-17		
24-Sep-16	Heritage Day	
29-Sep-17		
06-Oct-17		
	Sixer's Council	TBC
10-Oct-17	District Scouters Council	1st Hellenic
13-Oct-17		
21-22 Oct 2017	JOTA/ JOTI	
20-Oct-17	Mid Term Break	
28-29 Oct 2017	Adult Leader Course	
27-Oct-17		
07-Nov-17	District Scouters Council	1st Hellenic
03-Nov-17		
04-Nov-17	Campfire Leaders course	
10-Nov-17	AGM	
17-Nov-17		
24-Nov-17		
01-Dec-17		Cub Closes for 2017
01-Dec-17	Carols by Campfire	District: Bedfordview

1st St Benedict's Cub Pack

Cub Calendar - Term One 2017

18 January - 12 April 2017

DATE	TIME	ACTIVITY Covered	INSPECTION	DUTY SIX
		Newsletter + Term Planner		
27-Jan-17	13h30 - 15h00	Welcome to cubs	Full Uniform	White *
03-Feb-17	13h30 - 15h00	Road Safety	Names in Caps	Yellow *
10-Feb-17	13h30 - 15h00	Water Safety	Polished Shoes	Green
17-Feb-17	13h30 - 15h00	Time	Claws and Paws	Red *
17-Feb-17	18h00	District Gala	Sacred Heart	
19-Feb-17		BP Sunday	Harmelia	
24-Feb-17		NO CUBS		
03-Mar-17	13h30 - 15h00	Community	Woggles	Black *
10-Mar-17	13h30 - 15h00	Home Safety	Smiles	Blue *
11-Mar-17	8h00 - 10h00	St Benedict's Open Day		
12-Mar-17	TBC	Cub Cooking Comp		
17-Mar-17	13h30 - 15h00	Interest Badge	Names in Scarves	White
24-Mar-17	13h30 - 15h00	Personal Safety	Names in Caps	Yellow
25-Mar-17	TBC	Fun Day - Dunvegan Primary		
31-Mar-17	13h30 - 15h00	First Aid	Full Uniform	Green
07-Apr-17	13h30 - 15h00	Home Safety 2	Polished Shoes	Red
12 Apr - 2 May		NO CUBS	HOLIDAYS	

1st St Benedict's Cub Pack

Cub Calendar - Term Two 2017

03 May - 04 August 2017

DATE	TIME	ACTIVITY	INSPECTION	DUTY SIX
04-May		Newsletter + Term Planner		
05-May	13h30 - 15h00		Claws & Paws	Yellow
12-May	13h30 - 15h00		Names in Caps	Red
13-May		KONTIKI (Arrowe Park Benoni)		
19-May	13h30 - 15h00		Polished Shoes	Black
26-May	13h30 - 15h00		Full Uniform	Blue
02-Jun	13h30 - 15h00		Woggles	White
9- Jun	13h30 - 15h00			
16-Jun		NO CUBS	Smiles	Green
23 - 3 Jul		NO CUBS	MID TERM BREAK	
07-Jul	13h30 - 15h00		Claws & Paws	Red
14-Jul	13h30 - 15h00		Names in Caps	Black
21-Jul	13h30 - 15h00		Polished Shoes	Blue
28-Jul	13h30 - 15h00			
04 Aug - 04 Sep		NO CUBS	HOLIDAYS	

camp?

1st St Benedict's Cub Pack

Cub Calendar - Term Three 2017

5 Sep - 7 Dec

DATE	TIME	Theme	Cub Challenge goal	INSPECTION	DUTY SIX
08-Sep		Newsletter + Term Planner			
08-Sep	13h30 - 15h00				
15-Sep	13h30 - 15h00				
22-Sep	13h30 - 15h00				
29-Sep	13h30 - 15h00				
06-Oct	13h30 - 15h00				
13-Oct	13h30 - 15h00				
20-23 Oct		No CUBS - Mid term Break			
27-Oct	13h30 - 15h00				
03-Nov	13h30 - 15h00				
10-Nov	18h00		AGM		
17-Nov	13h30 - 15h00				
24-Nov	13h30 - 15h00				
01-Dec	13h30 - 15h00				
01-Dec-08		NO CUBS	School Holiday	HOLIDAYS	

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Themes

1 Introduction to cubs

2 Water Safety

3 Home safety

4

5 Road Safety

6 Personal Safety

7 First Aid

8 Time

9 Interest Badge

10 Healthy Body:

11 Healthy Living:

12 Healthy Mind:

13

14

15

16 Living with Nature:

17

18 Growing things:

19 Conservation:

20 Our Precious Planet:

21

22

3 sessions

Community

3 sessions

Interest Badge

AGM

Themes

Year End Party

1 Community

2 Service

3

4 Entertaining

5

6

Communication

7

7

8 Interest Badge

9 Community

10 Campcraft:

11

12

Camping:

Hiking:

13 Compass and mapping:

14

15 Trails:

16

17 Knotting:

18

19

23

24

20 Flags and Countries:

Themes

21

22

23 Jungle Book:

28 Faith:

29 Promise and Law:

24 Interest Badge

25 Interest Badge

26 Interest Badge

27 Community

28 Community

29 Community

30 Year End Party

Themes

Safety rules to follow in or near water

dangers of swimming in your area

Explain the Buddy System

Common causes of accidents in the home

Know what to do in the case of an accident at home or cubs

Carry a message and deliver it correctly and politely

Basic Rules of the road as a pedestrian

Explain danger of talking to strangers

Importance of saying “no”

Alone at home

Importance of summoning adult help

Show how to treat a simple cut or graze

Show how to treat a bleeding nose

Simple emergency kit

Triangular bandage as an arm sling

Importance of being punctual

Do your best in pack meetings

Look after yourself on a sunny day

Throw a ball to someone else

Dribble a soccer ball / hit the ball with a bat

Learn how to ride a bike

Climb a tree

Learn how to swim and do a duck dive

Importance of washing hands

Importance of good eating habits

Understand why we keep body, hands, nails and teeth

Know the story of Kim

Sense training games: sight and touch

Memory game with Pack

Write and decipher a simple code

Understand and practice the Outdoor Code

Make an item using natural materials

Grow a seed and transplant

What does conservation means?

Name 3 natural resources – how can we conserve them?

Causes and solutions to water pollution

Water / Air demonstration

Insects / Underwater creature activity

Themes

Keep a diary of good turns for one week
Keep your room or living area tidy for one month
Do something special to help a Leader during a pack meeting
Make a gift and give it to someone

Sing 3 different campfire songs a campfire
Participate in traditional dancing
Take part in play acting with your six
Take part in a joint pack meeting
Learn phrases in another language
Take part in a cultural activity with your pack

Fire safety and striking a match
Lay and light a cooking fire and boil water
Use an alternative fuel source to heat something

Spend the day on a camp with older cubs

Go on a nature ramble / hike
Attend at least 2 outdoor outings

Point out where the sun rises and sets
Know the 8 main points of the compass
Identify and object viewed from the side and the top
Draw a simple map of your home

Know how to make 10 woodcraft signs
Follow a woodcraft trail
Make and Use a Reef Knot
Make and Use a Slip Reef Knot
Make and Use a Round Turn and 2 Half Hitches
Make and Use a Figure of Eight
Know how to Hank a short rope
Take part in Three games / activities using knots

Behave correctly during ceremonies

Themes

Know and sing the National Anthem

Draw and colour the South African Flag

Respect your uniform

Eight Names and characters

Say the Cub Prayer

Show a growing understanding of the Promise and Law

Themes

Make up a water safety activity or game
Show you can use one rescue method to help someone in water

Make up a home safety activity or game
Make a home fire safety plan for your family

Identify at least 10 traffic signs correctly
Demonstrate safety on the road as a cyclist / passenger
Know / Understand the 4 terms listed
Importance of not giving out personal information to strangers
Discuss implications of texting / posting negative content
How to behave in an emergency situation
How to activate emergency medical service in your area
How to treat burns, scalds, insect bites, stings, remove splinter
How to stop bleeding using direct pressure

24 Hour clock and diary of events

Sportsman like attitude in the pack
Dangers of sunburn and heat exhaustion and prevention
Hop in a figure of 8
Climb a rope to a height of 3m
Headstand / Handstand / cartwheel
Scouts pace
Swimming
Importance of clean drinking water
2 Infectious diseases : discuss prevention
Effects of smoking, alcohol and drug abuse
Learn how to play a board game
Sense training – 5 senses

Write and decipher a complex code
Bird feeder / Uses of trees
Find out about 2 endangered species and tell the pack
Make and use compost
Vegetable / herb / seed bed
Everyday energy use and wastage
Heat water / cook with solar energy
Make a diorama using different habitats
Find out and demonstrate acid rain
Find out about plants fighting air pollution

Themes

Do simple repairs / repairs badge
Take care of a new Cub on their first activity
Make a gift and donate to a worthy cause
Pick a new task to help out every month for 3 months
Support a local organisation that helps those in need
Lead a campfire song at campfire
Make and play a musical instrument
Write a song or poem and share with your pack
Take part in a District/Prov activity
Make contact with cubs from another province or country
List cultural groups in your community and find out more about them

Fire safety in the open bush
Explain what to do in a fire emergency
Lay and light a fire outdoors
Cook a simple meal on a conservation stove
Camp out for 2 nights with cubs
Help pitch a tent, know how to take care of it / build a shelter
Spend at least one night in a tent / shelter
Explain what to do if lost in the veld
Discuss natural dangers you find in the veld
Demonstrate 3 ways of making distress signals
Go on a day hike and know what to wear & take with you
Show how to use and take care of a compass
Use a compass and 1 other method of finding north
Follow a simple compass trail of 6-10 moves
Show how to use a street map
On a street map, know 6-10 map symbols
Lay a woodcraft trail using 20 signs

Make and use a sheet bend
Make and use a Fisherman's knot
Make and use a Bowline
Make and use a Sheepshank
Make and use a clove hitch
Know how to hank a long rope
Help another cub with a knot he may have difficulty with
Know the parts of the flags

Themes

Prepare, hoist, break and lower the flag correctly
Using a sheet bend, join the flag to the halyard

Make a character mask and use in a play/dance

Take part in a cubs own or say a prayer
Show that you are keeping the P&L and set a good example to younger cubs